

MARY MOODY

adventures with



Image: Richard I'Anson

morocco | mongolia | camino-france | ladakh

World Expeditions is proud to offer a truly varied range of adventure travel experiences with an Australian icon of publishing, gardening, television and travel.

JOIN MARY MOODY > JOURNALIST | AUTHOR | GARDENER | PRESENTER | TRAVELLER: Mary trained as a journalist on Australian Women's Weekly in the late 1960s and spent several years as a reporter and feature writer on various Sydney magazines and newspapers.

In the 1970s Mary moved to Leura in the Blue Mountains with her young family, and became a passionate organic gardener. She used her journalistic skills to write and edit more than forty gardening books and magazines, and for ten years she was the NSW presenter on the ABC's top rating show Gardening Australia.

In 2000, Mary spent six months living alone in a small room in a medieval town in southwest France. At the end of her sabbatical Mary bought a nearby village house that she still visits every year. She wrote four memoirs about her experiences as an Australian woman living part time in France, as well as a cookbook and several new gardening books. Mary's latest book is a powerful memoir of love, loss and discovery.

Mary's passions are still family, food, gardening and travel. Mary has been leading tours for World Expeditions for over 20 years to destinations such as France, Nepal, Sikkim, Bhutan, India, China and Mongolia. Mary's delightful nature and her curious, fun and inclusive approach to leading tours ensures everyone leaves with lasting memories.

Speak to our experts

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adventures with mary moody

mongolia

camino - france

morocco



Mongolia

Flowers and Festivals of Mongolia with Mary Moody

Activities:

Trekking & Hiking

Duration: Grading:

15 Days

3 Introductory

Travelling with Mary and an expert local botanist from the Mongolian National University, the trip has been designed to maximise the opportunity to catalogue and photograph the unique wildflowers and flora. On the way we have the opportunity to experience the full colour of the Nadaam festival.



France

Food Lover's French Way of St James

Activities:

Walking: Guided

Walking: Day Walks Culinary Tours

Duration: Grading:

12 Days

2 Introductory to Moderate

This exquisitely crafted and zesty itinerary captures the essence of the *Way of St James* pilgrimage and the many culinary delights to be found along the way. Enjoy Mary's intimate knowledge: her love affair with the cuisine and landscapes of south west France has seen her make her second home directly on the Camino trail.



Morocco

Secrets of Morocco with Mary Moody

Activities:

Day Tours Walking: Day Walks

Adventure Touring

Duration: Grading:

14 Days

3 Introductory

The blend of mosques and minarets, exotic medinas filled with market stalls brimming with spices and scents, magnificent gardens and great imperial cities are a constant source of intrigue on this cultural walking tour. By contrast, our four day trek in the High Atlas provides a remote dimension to this journey.



enquire now about:

Ladakh: Go remote with Mary Moody in 2020. Trek dramatic landscapes, with ancient monasteries and villages.

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